

# “A Crash Course for the Motorcyclist” ©



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*Promoting Motorcycle Safety.....  
and more!*



**RoadGuardians.org**

Road Guardians is a program specifically designed to support ASM and our goal to reduce injuries and fatalities

**Resources**

**Rewards**

**Recognition**

# Courtesy Please

- Turn cell phones and other electronic devices to silent or off
- Save texting and answering e-mails for breaks or lunch
- If you must answer a phone, please step out of the room to have your conversation
- If you have a question, ask the presenter rather than having a conversation with the person next to you

# Goals & Objectives

- **Reduce Injury & Fatalities**
- **Reduce Rescuer Injury**
- **Increase Effectiveness of EMS**
- **Focus on Trauma**
- **Address Difficult Subjects**
  - **Jaw Thrust Rescue Breathing**
  - **Full Faced Helmet Removal**
  - **Moving the Injured**

# Agenda PACT

- Prevent Further Injury
- Assess the Situation
- Contact the EMS
- Treat the Injured with Life Sustaining Care using the ABCSS of Trauma



**P =**  
**PREVENT**  
**FURTHER**  
**INJURY**

# PREVENT FURTHER INJURY

This section will cover:

- Secure the scene – Make it safe
- Protect yourself by taking proper precautions
- Moving the bike
- Moving the injured



**ASSESS  
THE  
SITUATION**



# Assess the Situation

- The way a crash occurs gives you clues about the kind and severity of injuries you suspect
- “Mechanisms of Injury” give you the clues that you need to look beyond the immediate picture.

All injuries are the result of:

**DECELERATION**

**COMPRESSION**



# Laying the Bike Down



# **The Motorcycle itself as a Mechanism of Injury**

Consider how the different styles and  
customization of motorcycles  
contribute to injuries







**C =**  
**CONTACT**  
**THE**  
**EMS**



- Call 911 during your assessment if a cell phone is available & has a signal
- Assess the situation quickly if you have to leave the scene to call for help
- Send “**Lovely Lisa**” not “**Scary Hairy**”
- If you send someone to call, ask them to return so you know the call has been made

# Dispatch

- **911** – Central Dispatch – will dispatch police, fire and EMS
- **Enhanced 911** – able to determine address if calling from land line. Might be able to locate you via your cell phone GPS
- **Cell Phones** – signal may be received far away. Ask if they have your phone # right away in case you lose the call.
  - \* Attempt a text to 911 since that might go through where a call does not.

# Dispatch - information

- Do not hang up until dismissed by the dispatcher
- What happened?
- How many vehicles?
- How many injured?
- Possible injuries?
- Your name
- **LOCATION**



# Location

- Give as many details as possible. Be aware of common street names like Townline Road or Lake Drive.

## Other good clues are:

- Fire numbers, Exit #s, identifiable landmarks (utility pole # **not** a great clue)
- Where you were coming from and heading to. Give general direction.



# The Golden Hour

- Victims of severe trauma need immediate transport and medical care. Trauma to surgery = within one hour
- Do not delay calling for EMS
- EMS goal is to have the severely injured “packaged” in 10 minutes
- **Wear Gloves** (will get you respect)



# Gather Information

**Conscious** – Request their permission to help them

Do not forget to ask their real name!!!

Is there **someone** you can call?

- **S** – Signs/Symptoms – Where else does it hurt?
- **A** – Allergies – Are you allergic to anything?
- **M** – Medications – Are you on any medication?
- **P** – Past Medical History – Any recent surgeries?  
Are you being treated for any medical condition?
- **L** – Last Food or Drink – What and how much?
- **E** – Events - What happened in their own words?



**T =**  
**TREAT**  
**LIFE**  
**THREATENING**  
**INJURIES**



# Priorities of Treatment

First Determine Consciousness

**A** = Airway

**B** = Breathing

**C** = Circulation (Bleeding)

**S** = Shock

**S** = Spinal Motion Restriction (SMR)



# S U M M A R Y

## **P** – Prevent Further Injury

First responsibility is to yourself!

**Take personal precautions**

## **A** – Assess the Situation

Quickly assess – less than 60 sec.

## **C** – Contact the EMS

Call 911 (attempt text if no signal)

## **T** – Treat with Life Sustaining Care

**A**irway - **Jaw Thrust**

**B**reathing – Give 2 breaths then one every 6 sec.

**C**irculation - Control bleeding you can see

**S**hock – Bleeding you cant see & Psychogenic

**S**pinal Motion Restriction (SMR)