

# Getting Rid of Risky Riding









# Getting Rid of Risky Riding

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### **Encouraging Change**

- What works?
- What doesn't?

How do we organize these ideas and translate them to reduce risky riding?











# **Theories: What and Why**

 "Theories and models help explain behavior, as well as suggest how to develop more effective ways to influence and change behavior." [Glantz, 2010]

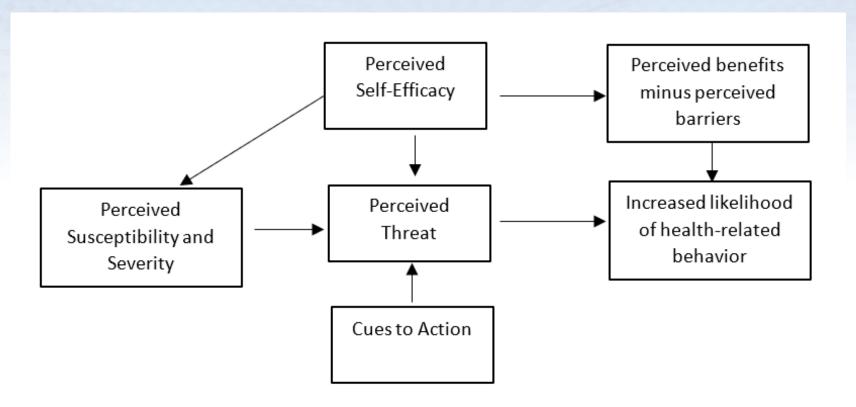
Helps us think through all aspects of an approach instead of

just focusing on single issues

Ingredient list, not a recipe



### **Health Belief Model**



Primary Source: Rosenstock (1966).

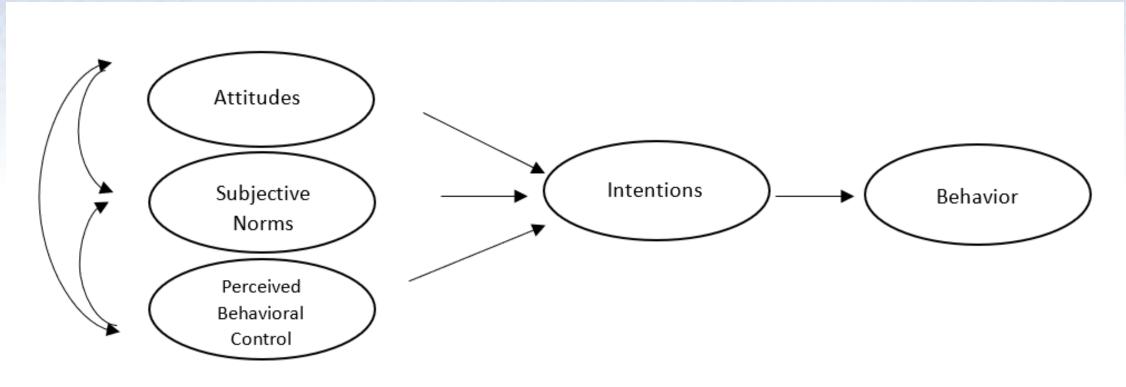








### **Theory of Planned Behavior**



Primary Source: Ajzen (1985).

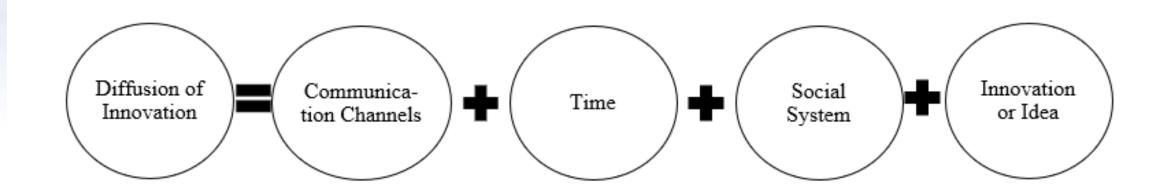








### **Diffusion of Innovation**



Primary Source: Rogers (2010).









### **Theories & the Real World**













# Addressing Rider Behavior

- Unique, diverse attitudes & characteristics
- Challenges for developing countermeasures to influence rider behaviors











### Theory of Planned Behavior for **M** Endorsement

#### **ATTITUDES**

training will make me safer I won't get a ticket

#### **SUBJECTIVE NORMS**

most members of my club have their M endorsement

#### PERCEIVED BEHAVIORAL CONTROL

I know where to get info training will teach me what I need to know

#### INTENTIONS

Make time to attend course

Set aside fees

#### BEHAVIOR

Obtain M endorsement

SO WHAT?

### Activity

- Changing Speeding behavior
- Speed = higher injury severity
- Reducing rider speeds
  - When other vehicles are around
  - Roadways are curvy
  - Roadways have limited sight distance











### Instructions

- Use the Theory of Planned Behavior model to brainstorm ways we can encourage riding at appropriate speeds
- Divide into 7 groups
- Use post-its notes to put ideas/topics into the appropriate category
- Share out at 10:35/40
- Virtual Instructions:
  - Click on the Jamboard link provided in the chat
  - Use any of the features on the left hand design menu to add ideas into the appropriate category









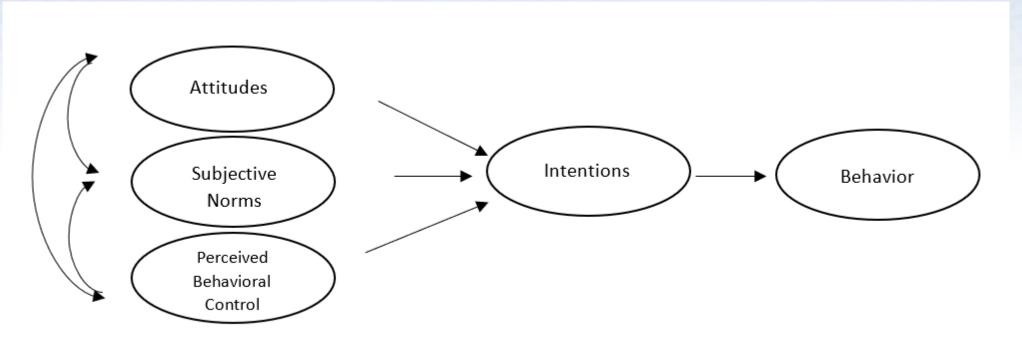








# **Group Share**



Primary Source: Ajzen (1985).









### **Learn More**

https://btscrpdev.wpengine.com



**Employer-based Driver Safety Programs**Behavioral Traffic Safety Cooperative Research Program (BTSCRP)

ABOUT EMPLOYEE SAFETY

RESEARCHERS

. .

HOME

PRE-PACKAGED PROGRAMS / SAFETY ORGANIZATIONS

#### WHAT ARE YOU TRYING TO LEARN?

# What are other people doing and what is available?

A collection of business practices of driver safety programs currently in use.

VIEW CASE STUDIES

### How do we change behavior?

Effective behavioral change and underlying theories are described.

VIEW THEORIES

#### How do I know if my program is working?

Information describing common training evaluation sources and designs.

VIEW MEASURES

#### What can help me plan my safety program?

Visualize the interactions of resources and outcomes in an interactive logic model.

VIEW LOGIC MODEL

#### Safety Insights



Rewards program

VIEW SAFETY INSIGHTS



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Next session starts at 11:00 a.m.







